

2d MSS commander's first supervisor plays important role

Motorcyclists, supervisors meet Tuesday for safety summit

Judo whacks its way back to Barksdale

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# Observer

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## NEWS BRIEFS

### Free concert

The Shreveport Metropolitan Band performs a free patriotic concert at Hoban Hall Saturday at 3 p.m. All base members and their families are invited to attend. Dress for the event is casual. Call the retiree activities office at 456-4480 for more information. The band's playlist includes "America the Beautiful," "God Bless America," "Star Spangled Banner," "Armed Forces Salute," and "The Stars and Stripes Forever."

### No fireworks allowed

Barksdale residents are not allowed to possess fireworks on the installation at any time. Individuals found with fireworks in their possession will be escorted off the installation. Call Staff Sgt. Kimberly Blanco, 2d Security Forces Squadron, at 456-4407 for more information.

## WEEKEND WEATHER

Courtesy 26th Operational Weather Squadron

### Today

Mostly cloudy



H 83

L 69

### Saturday

Mostly cloudy with chance of rain



H 81

L 68

### Sunday

Mostly cloudy



H 82

L 66



J. Manny Guendulay/Observer

Members of the 2d Bomb Wing battle staff and Disaster Control Group and emergency responders from the local area listen to Paul Nelson, Defense Threat Reduction Agency representative during a radiological incident exercise.

# Local, base officials exercise

BY J. MANNY GUENDULAY  
OBSERVER

Members of Barksdale's Disaster Control Group, a rapid response team from the Defense Threat Reduction Agency and representatives from Homeland Defense, Public Information Office, Shreveport and Bossier City's mayor offices and fire and police departments met at the enlisted club Wednesday to perform a crisis management tabletop exercise in response to a simulated radiological incident.

The six-hour exercise, called Diamond Warrior, is the first phase of a three-part long-term training plan to cover the first five-to-six days of emergency or a major accident. A rapid response team chaired by Brig. Gen. Kimber McKenzie, 8th Air Force vice commander, led the exercise. Experts from explosive ordnance disposal and civil engineering, as well as representatives from the Department of Energy

assisted with information.

Lt. Col. Jon Johnson, 2d Bomb Wing Plans and Programs, is interested in the lessons that can be learned from Diamond Warrior, not only for the Air Force, but also for the local community.

"The one good thing about this exercise is that the downtown folks are participating with us," Colonel Johnson said. "We don't get too many opportunities to sit down and discuss planning face-to-face with them. In this situation, Colonel Moeller (2d BW commander) and the officials in Shreveport and Bossier can meet and ask, 'What would you need in this situation?' This exercise builds communication ties and response capabilities and ensures that the first time we call, it will not be the actual situation."

Because such an incident would task several different agencies, both federal and civilian agencies must work together. Mr. Robert Nebus, 2d Civil Engineer Squadron's Readiness Flight assistant

chief, sees the exercise as a opportunity to help build ties between the organizations.

"There is a very remote possibility that this type of accident could occur at Barksdale," Mr. Nebus said. "It is imperative that we 'smoke test' our plans and procedures with on-and-off base agencies to ensure interoperability if something ever happened."




The 2d BW's plans and programs office saw the need for Barksdale to prepare after looking at activities in other Air Force commands.

"The missile wings are ahead of us on this exercise," Colonel Johnson said. "Those bases with intercontinental ballistic missiles have done the first two rounds of this type of training. The DTRA folks said, 'Hey, if we're doing missiles, why don't we do bombers, too?'"

Phases two and three of Diamond Warrior are expected to be completed in the next two years.

## 2D BOMB WING SCOREBOARD

2d Bomb Wing monthly flying goals

Depicted in hours			
Goal:	577.4	461.7	227.1
Flown:	258.5	334.8	84.9
Remaining:	318.9	126.9	142.2
As of:			
June 18	-74.6	+60	-45



# Remember core values, vector

BY COL. MICHAEL MOELLER  
2D BOMB WING COMMANDER

Over the past few weeks I've talked about why it is so important that we embrace opportunities for change ... it is the engine that allows us to improve, to find new and better ways to accomplish our mission and enables flexibility to respond to emerging threats and adapt to unforeseen events. Yes, we must embrace change if we want to stay second to none!

But, there are some things that must remain unchanged ... a rock-solid group of tenets that form the foundation of who we are and what we stand for as members of the United States Air Force and as warriors at Barksdale. Our core values, wing vector and military customs and courtesies are the bedrock that keeps us on the right flight path as we soar into a changing world.

*Integrity first, Service before Self and Excellence in All We Do* ... these values are our heart and soul, they define who we are, and they are the rotating beacon that drives what we do. We rely on them as the compass to guide us during our day-to-day lives and as scales to measure our ideals and actions. We must never forget our commitment to accept nothing less than these ideals, and every Airman must embrace and reflect these values, both on and off duty. Our core values are the standards, and we must reflect these fundamental values in our daily conduct and help develop those attitudes in others.

*Total focus on mission excellence, Work together to build trust and an unbeatable team and Offer opportunities for personal and professional growth* is the wing vector, but it really is a subset of Air Force core values. Our focus cannot waver ... we must ensure that we take care of the mission first, take care of each other next and then ensure our own and our family's physical, mental and spiritual health. This vector keeps our feet on firm ground even as we find better ways to soar to the stars. It challenges us to change how we do business without forgetting who we are and the importance of what we do.

Finally, when I talk about military standards and courtesies I am talking about the self-discipline and attention to detail that defines our Air Force culture. Walking tall, looking sharp, extending professional greetings with a sharp salute to the security forces at the gate or to senior officers driving their staff cars around the base shows the rest of the world that we are on top of our game and ready to fly, fight and win. Stopping your car or standing at attention while the national anthem plays during retreat ceremony honors all those who have served this great nation. Doing our daily tasks the right way every day is what keeps us the greatest Air Force in the world. These customs and courtesies endure and are a visible reminder of the oath every one of us took to "support and defend the Consti-



tution of the United States against all enemies."

So, embrace change, step outside the box and find innovative ways to make a positive difference. But remember each of us must remain forever faithful to our core values, the wing's TWO vector and our commitment to military customs and courtesies. These pillars of Air Force culture are enduring, set us apart from our fellow citizens and the other services and ensure that we remain ready to fight and win our nation's wars.

We must never forget there is one other thing that does not change — our country depends upon us, and Americans sleep secure at night thanks to your never-ending commitment to defend freedom and liberty anytime, anywhere.

## Action Line

The Action Line is an avenue for complaints, suggestions and kudos on services provided at Barksdale. Comments can help make the base a better place.

Although the Action Line is always available for use, the best and fastest way to resolve problems is through the chain of command or the organization involved.

Individuals are encouraged to go that route first. If the problem is still unresolved, call the Action Line and the appropriate base agency will address the problem. Positive feedback about Barksdale is also encouraged.

Please leave a name and phone number when calling the Action Line as more information may be needed.

**Call the Action Line at 456-4000 or email [action.line@barksdale.af.mil](mailto:action.line@barksdale.af.mil)**

**K**udo: I want to give thanks to the 2d Security Forces Squadron staff sergeant working the Shreveport Gate on June 7 at noon. I didn't get his name, but as I gave him my military ID (retired), he graciously said out of the blue "Thank you for your service, have a great day," and that really made my day. It took me by surprise, and I wanted to thank him for his service, attitude and professionalism.

**R**esponse: Thank you taking the time to let our professionals at the front gates know that they are doing a great job. I agree that our 2d SFS stars do an outstanding job as the "face of the base" while ensuring our safety and security. We have high expectations for their performance and I would be disappointed if they were not attentive, sharp and render the proper military courtesies. I'd also ask that you and everyone coming through the gates remember that our security forces are highly trained professional warriors and be courteous and respectful in return.

**Vision**  
The 2d Bomb Wing is first ... in peace ... in war ... to victory!

**Mission**  
Exceptional warriors ready now to provide responsive, flexible and accurate bomber combat power and operational support to warfighting commanders. Anytime, anywhere.

**Vector**  
Total focus on mission excellence  
Work together — take care of each other to build trust and teamwork  
Offer opportunities for personal and professional wellness and growth

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Staff: 456-3241/5501/1015/5502

Advertising: 459-3475 Fax: 456-5986

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109 Barksdale Blvd. W, Ste., 209  
Barksdale AFB, LA 71110-2164

[observer@barksdale.af.mil](mailto:observer@barksdale.af.mil)  
From government computers, use the site below  
<https://w3.barksdale.af.mil/observer>

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Col. Michael Moeller	Commander, 2d Bomb Wing
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Senior Airman Andrea Knudson	Editor
J. Manny Guendulay	Assistant Editor
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Airman Brandon Kusek	Staff Writer

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# From high school dropout to Air Force commander

By MAJ. RICHARD POORE  
2D MISSION SUPPORT SQUADRON

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I am living proof that frontline supervisors are the most important people in any unit. In 1979, I was a 17-year-old high school dropout pumping gas for \$1.10 an hour and rapidly on the road to nowhere. Fast forward 25 years later, and I'm a squadron commander making nearly \$90,000 a year including all benefits and assigned to the world's best bombardment wing.

How the heck did this happen? The short story is I passed my General Education Diploma, joined the Air Force, finished my degree, was competitively selected for Officer Training School and kept going from there. What's missing from the abbreviated version is one key fact — I had a ton of help along the way and it started with my very first supervisor.

Tech. Sgt. Stan Sufner was his name, and he was a piece of work. He had oil-slicked black hair, heavy, black framed military-issue glasses, a bit of a paunch, perfect military bearing and an impeccable uniform. He was gruff, spoke in a gravelly voice and was constantly swilling black coffee out of a nasty mug that looked like it hadn't been washed in 20 years. I was a little scared of him frankly. Especially since the first thing he did when he picked me up was look at me and growl, "Welcome to Michigan and Wurtsmith AFB. Your civilian shoes are scuffed-up. If you think that's an acceptable standard, we are going to have issues Airman — you understand me?" He then squared me away with inprocessing, helped me stow my gear in the barracks (they were barracks back then; I shared a room with two guys and the gang latrine

was down the hall) and briefed me on the barracks rules.

"This is a male-only building so no females allowed and you can't hang out in their building either. No loud music, no wild parties, no weapons, no drugs and don't buy booze for any underage roommates." He then showed me where the chow hall was, introduced me to a few fellow Airmen and ate dinner with us. After dinner his parting bark was "Poore, report to work at 0700 sharp, and your shoes better not look like the civilian ones you have on now!"

The first thing he did as I walked in the door the next morning was look at his watch — good thing I was five minutes early. The next thing he did was ask if I had breakfast at the chow hall. Then he sat me down, opened up my on-the-job training record and explained in great detail what he expected. It was his job to train me and he was going to make damn sure I was ready for his Air Force. He issued me my first Career Development Course volume and told me there were seven more in the stack. I had 30 days to complete each one — there would not be any extensions. He also wanted to actually see my end of chapter exercises to make sure I was answering the questions. Boy, was he a dragon when it came to those CDCs and OJT. If I answered a question wrong or failed to properly complete a task he was all over me like mud on a pig. I figured the best way to keep him off my back was to finish quickly and get upgraded to my five-level early. So I did — and thought to myself, "Now Sergeant Sufner will leave me alone." Boy, was I wrong.

Once I was upgraded, he marched me right over to the education center and made me sit down with a counselor. While we were walking over, he explained there is no excuse for not taking advantage of the Air Force's tuition assistance. He

made it absolutely clear that in his opinion anyone who left the Air Force without a Community College of the Air Force degree, at a minimum, was an idiot. He couldn't make me take classes but he was going to make sure I had all the facts.

The counselor was a nice civilian lady who showed me exactly what I needed to do to complete my CCAF degree. She bored right in and asked me to consider the following statistics: the average lifetime earnings of full-time workers with high school educations are about \$1.2 million compared with \$2.1 million for college graduates and \$3.4 million for those with doctorates. That got my attention! I completed my bachelor's degree and applied for OTS four PCS moves and 10 years to the day of my first initial enlistment.

Regrettably, I've lost track of Sergeant Sufnar over the years. But today as a sitting squadron commander I remember him fondly — he was a tough, fair, mission-focused supervisor who was not going to entrust his Air Force to just anyone. Over the last 25 years, I've passed on Stan's simple advice to every Airman and front-line supervisor interested in listening.

First, we have standards for a reason — meet them or find another line of work (I still spit-shine my shoes). Second, get upgraded as soon as possible — it's your job. Third, once you have completed your CDCs and have a five-level go to the education office and talk to the experts. They will help you set goals, develop a plan, and help make that degree a reality.

I will say that as much as I admired Sergeant Sufnar there is one idiosyncrasy I absolutely refused to adopt — his nasty habit of never washing his coffee mug! Mine is clean as a whistle — but I do occasionally drink it black — just like Stan.





U.S. Air Force photo by Staff Sgt. Sarayuth Pinthong

## Building shelves

Airman Chris Patao, 2d Services Squadron, builds shelves for a permanent field kitchen during exercise New Horizons 2004-Guyana in Camp Stephenson, Timehri, Republic of Guyana, South America, June 11. New Horizons 2004-Guyana is a joint service training exercise co-sponsored by U.S. Southern Command and the Guyanan defense force engaging military members in construction projects and medical-training activities.

# 'C' Code gets second look

BY STAFF SGT. MELANIE STREETER  
AIR FORCE PRINT NEWS

WASHINGTON — Following a review of the new force-shaping policy, Air Force officials rescinded the enlisted date-of-separation rollback for Airmen with an assignment limitation code "C."

"The secretary and chief of staff of the Air Force decided we should take a harder look at code-C limitations, and the medical conditions that drive the codes, to see if we can come up with a long-term solution, rather than a short-term, force-reduction tool," said Col. Michael Hayden, chief of the Air Force military policy division at the Pentagon.

Initially, the force-shaping program's Phase II assigned a DOS of no later than June 30, 2005, for enlisted Airmen who

possessed this limitation and had more than 20 years of service as of that date. Feedback from around the Air Force regarding the policy was part of what made leaders reconsider, Colonel Hayden said.

"We want to look at the deployment and assignment of Airmen worldwide and structure the policy to apply to both officers and enlisted, while still taking into consideration the needs of the Air Force as well as the needs of the Airmen," he said.

Because the service is becoming more of an expeditionary force, the idea behind the policy is still a factor, Colonel Hayden added.

"We need to look at how we can shape our force to meet the aerospace expeditionary force construct," he said.

## Barksdale's 'Fit to Drive'

2D BOMB WING SAFETY OFFICE

Many vehicle mishaps are caused by improperly maintained vehicles. In an effort to prevent such mishaps, Barksdale officials are hosting the first "Fit to Drive" day at the commissary parking lot Monday from 10 a.m. to 1 p.m.

Members from the 2d Bomb Wing safety office, 2d Security Forces Squadron and 2d Logistics Readiness Squadron vehicle maintenance will team up to perform free vehicle inspections to ensure all base vehicles are "Fit to Drive."

The following items will be inspected:

- safety restraints
- child seats
- windshields
- mirrors
- tires
- engine belts
- lights
- interior safety

This is a courtesy inspection and does not substitute the state required inspection. Stickers and official documentation will not be issued, nor will any citations for any vehicle violations.

## Motorcycle safety summit

BY AIRMAN BRANDON KUSEK  
OBSERVER

Motorcycle riders on Barksdale are required to attend a mandatory motorcycle safety summit at Hoban Hall Tuesday at 9 a.m.

The class is mandatory for all Air Combat Command motorcycle riders. Tenant organizations, supervisors of riders, or anyone anticipating buying, leasing, renting or borrowing a motorcycle in the next five months are encouraged to attend.

There are four classifications of motorcycling: off-road, cruisers, sport bike and touring. At the summit, local motorcycle club members will discuss cruisers, sport bike and touring.

"The summit is purely a method to provide information on policy and requirements affecting the motorcycle community," said Mr. Percy Adams, Barksdale occupational safety and health specialist. "However, this is intended to be a two-way communication, meaning we will also listen to what riders have to say about what's happening on the road and with their unit."

Safety riding equipment such as jackets, helmets, gloves and accessories that improve riders' visibility to surrounding traffic will be on display.

"Riding equipment doesn't make the rider invincible," Mr. Adams said. "But, it can make a positive difference in awareness for riders' safety while improving visibility to traffic and aiding in reduction of injuries in the case of a mishap."

"The two biggest complaints from riders are it's too hot or too humid to wear safety gear and car drivers don't see them," Mr. Adams said. "There have been some improvements in these areas and hopefully we will be able to help educate riders."

The cost of safety equipment is coming down while the price of not having it is going up.

Between October 2002 and September 2003, there were 23 fatal motorcycle mishaps in the Air Force.

Barksdale experienced 20 accidents from June 1, 2003, to June 14, 2004.

There have been several local mishaps where improper or lack of maintenance was the cause.

"Motorcycle maintenance will be discussed while showcasing various levels of modified motorcycles from different clubs," Mr. Adams said. "You can't force someone to keep their ride in top shape, it's still a personal decision riders have to make when they choose a defective ride or fail to properly maintain it."

The legal office will be present to provide information about line of duty determinations when an injury or fatality occurs. They will also discuss possible actions that can be taken by the unit commander against members who fail to comply with training directives and the wear of all personal-protective equipment, both on and off base, whether on or off duty.

Although this is Barksdale's first safety summit, in the past the safety office provided briefings to the commander's safety council to address motorcycle injury rates locally. Motorcycle booths and displays were set up to address motorcycle issues at wing safety fairs.

"Motorcycle safety training and personal-protective equipment checks at base entry control gates are enforced to make the motorcycle population aware of Air Force policy changes because the response to educational efforts were less than desirable," Mr. Adams said.

"New riders are extremely vulnerable during the first six months of their new ownership," Mr. Adams said. "However, experienced riders who upgrade to a larger or a different style of motorcycle can be just as vulnerable to a mishap, but no amount of reasoning can justify placing yourself or others in a life-threatening situation."

Call Mr. Adams at 456-5612 for more information about the safety summit and for general motorcycle safety information.



## NEWS BRIEFS

### Changes of command

#### 2d Medical Group

Col. Robert Todaro takes command of the 2d Medical Group from Col. Jerry Owen during a ceremony at the officers club today at 9 a.m.

Colonel Todaro comes from the 59th Aerodental Medical Group, Wilford Hall Medical Center, Lackland AFB, Texas, where he was the group commander.

Colonel Owen heads to the 59th Wing, Wilford Hall Medical Center, Lackland, AFB, Texas, where he will be the deputy chief of hospital services.

#### 2d Maintenance Group

Col. Bret Klassen takes command of the 2d Maintenance Group from Col. Karen Wilhelm during a ceremony at Hoban Hall Wednesday at 11 a.m.

Colonel Klassen comes from the 9th Aerospace Expeditionary Task Force, Al Udeid Air Base, Qatar, where he served as the director of Central Air Force-Forward A4.

Colonel Wilhelm heads to the National

Defense University where she will be an Air War College instructor.

#### 49th Test and Evaluation Squadron

Lt. Col. Barry Sebring takes command of the 49th Test and Evaluation Squadron from Lt. Col. Thomas Jacobson during a ceremony at Hoban Hall July 14 at 10 a.m.

Colonel Sebring is stepping up from the director of operations of the 49th TES.

Colonel Jacobson goes to the Test Management Group at Eglin AFB, Fla., where he will be the deputy group commander.

### Retirements

#### Master Sgt. Richards

Master Sgt. Raymond Richards, 2d Munitions Squadron, retires after 20 years of dedicated service during a ceremony in the enlisted club ballroom today at 2 p.m. Dress is casual for civilians and uniform of the day for military. Call Master Sgt. Gary Easter at 456-2367 for information.

#### Master Sgt. Bull

Master Sgt. Stephen Bull, 2d Aircraft Maintenance Squadron, retires after 24

years of dedicated service during a ceremony in the 20th Bomb Squadron theater today at 2 p.m. Dress is casual for civilians and uniform of the day for military. Call Senior Master Sgt. Scott Horsburgh at 456-5941 for more information.

### Airman of the month

Airman 1st Class Sebastian Lewis is the 2d Aircraft Maintenance Squadron Airman of the Month for June.

### Dorm manager position

A dorm manager position is open for a staff sergeant. Applicants must provide a resume, their last three enlisted performance reports and a letter of recommendation with a release date from their commander. Contact Tech. Sgt. James Burgos at 456-4786 for more information.

### Heritage committee

The Asian American Pacific Islander Heritage Committee holds their monthly meetings at the 2d Logistics Readiness Squadron conference room the first Thursday of each month at 3:30 p.m. For

more information, call Senior Airman Darline Bock at 456-7029.

### WHC cookbook

The Barksdale Women's History Committee cookbooks are now available for \$10 each. Committee members are taking orders through July 16. Contact Master Sgt. Alisha Laird at 456-4299 to place an order or for more information.

The next committee meeting is at the manpower conference room in the 2d Mission Support Group building July 21 at 11:30 a.m. The meetings are open to active duty, reserve, retired and civilian female and male members assigned to Barksdale.

### Voting assistance

For voting assistance and registration information, state-by-state and local voting instructions, absentee ballot information, and general federal voting assistance program information and links, individuals can access the Federal Voting Assistance Program Web site at <http://www.fvap.gov/>.

# Wing welcomes new career advisor

BY AIRMAN 1ST CLASS JUSTASIA LEHMANN  
OBSERVER

The 2d Bomb Wing has a new career assistance advisor to help supervisors, first sergeants and commanders get out the right information on the benefits of making the Air Force a career.

Master Sgt. Curby Range took over the position June 7 from Senior Master Sgt. Ken Dunn, who retired.

The CAA acts as the principal advisor to commanders, first sergeants and supervisors on retention issues, said Master Sgt. Curby Range, 2d BW CAA.

"The CAA helps supervisors be force multipliers by using them to address retention irritants and maximize the benefits of existing programs," he said. "Additionally, the CAA develops, supervises and manages Air Force retention programs on base. Some of my duties and responsibilities include developing publicity programs to promote retention. The CAA monitors retention programs and provides reports and statistics to wing and Air Force leadership."

In addition to managing various retention programs, Sergeant Range also helps supervisors talk to their Airmen eligible to separate.

"I must ensure wing leadership is kept abreast of retention issues by determining local factors that nega-

tively influence career decisions and develop programs to address those concerns," Sergeant Range said, who was previously the 2d Operations Support Squadron chief enlisted manager. "Another important aspect of my job is assisting supervisors when talking to subordinates about the benefits of an Air Force career. These are important because we need to put forth a concerted effort to ensure we retain the best and brightest troops in the Air Force."

While in the position, Sergeant Range hopes to play a vital role in stabilizing retention in all Air Force specialties at Barksdale.

The CAA, if used properly, can play a vital role in an Airman's decision to stay in or not, Sergeant Range said.

Everyone reaches a point in their career when they decide to stay in or separate, said Chief Master Sgt. Joe Lavigne, 2d BW command chief.

"Unfortunately, many decisions are based on emotion rather than on fact," he said. "The career assistance advisor can help folks make sound decisions by showing them the benefits of continued service. We used to have similar career assistance advisor positions years ago and in my opinion deleting the slots was one of the biggest mistakes the Air Force made. We paid the price by losing many quality Airmen to the private sector. Now, re-

tention is back on the rise, and we certainly can say the career assistance advisors have helped us keep our best and brightest troops.

"The Air Force has been changing rapidly over the past several years," the chief said.

"We've had huge increases in pay and compensation, quality of life initiatives and dramatic changes to our personnel systems," Chief Lavigne said. "Trying to keep up with everything is impossible. That's where the career assistance advisor comes into play. Their sole purpose in life is to keep abreast of the sweeping changes across the Air Force and ensure everyone from the first-term Airman to the most senior leaders are aware of those changes. They are an excellent source of information, especially for young supervisors who are required to provide career counseling to their troops in conjunction with performance feedback sessions."

Sergeant Range sees the importance of the CAA to enlisted Airmen.

"The CAA provides a 'one-stop' shop for any and all Air Force-related issues," Sergeant Range said. "I feel humbled to be given the opportunity to take on such an awesome task."

Contact Sergeant Range at 456-4957 for more information on any retention, career or other issues.

## DOD wasn't geared to internal threats Sept. 11, panel told

BY JOHN BANUSIEWICZ  
AMERICAN FORCES PRESS SERVICE

WASHINGTON — National policy that geared the Defense Department toward external threats was part of the reason DOD officials could not do more to prevent some of the Sept. 11 terrorist attacks, the chairman of the Joint Chiefs of Staff told the Sept. 11 commission here June 17.

"Our military posture on 9-11, by law, by policy and in practice, was focused on responding to external threats — threats originating outside of our borders," Gen. Richard Myers told the National Commission on Terrorist Attacks Upon the United States.

"All the policy guidance before Sept. 11 was that we treat terrorism primarily as a criminal event, and the role of the Defense Department was to defend our forces — primarily, it was force-protection anti-terrorism, not counterterrorism," the general said.

The FBI was responsible for domestic counterterrorism, and external counterterrorism was the CIA's responsibility, he said.

Another factor was that threat perceptions at the time did not include using hijacked aircraft as guided missiles, General Myers said.

In a written statement he submitted to the commission, the chairman wrote the spring and summer of 2001 saw a "significant increase in terrorist threat reporting" that clearly indicated a major al-Qaida terrorist operation was in the works.

"To the extent that the warnings pointed to specific areas, they pointed to the Arabian Peninsula," the statement read.

The Federal Aviation Administration issued warnings in the months before the attacks, the statement continued, but those warnings also were nonspecific and fo-

cused primarily on threats against U.S. citizens abroad and traditional hijackings. The intelligence was not specific enough to warrant North American Aerospace Defense Command officials to increase the alert status or place additional forces on alert, the chairman's statement read.

In the statement, General Myers outlined some actions the Defense Department has taken to adapt to the

"First and foremost, we must bear in mind this war on terrorism can't be won by the military alone. We need to ensure that we bring to bear all our instruments of national power and the instruments of power of the international community in a coherent, synchronized manner."

General Myers recommended that an independent, comprehensive review of the U.S. government — one he likened to the Goldwater-Nichols review of DOD — be conducted to determine what organizational, procedural and resource-management changes are necessary.

The chairman also urged continued U.S. and international focus on countering the proliferation of weapons of mass destruction and dramatically accelerating progress in intelligence collection, analysis and sharing.

The outdated concept of "collector as owner of information" in the intelligence community needs to give way to a user-oriented focus, the chairman said. "The 'need to share' needs to replace the concept of 'need to know,'" his statement read.

In his statement's conclusion, General Myers laid out the difficulty of the challenges posed in today's world and praised the work of DOD's people.

"Violent extremists who use terrorism as their weapon of choice have a decided advantage in this struggle, at least in the short term," the chairman's statement read. "A small number of people, with inexpensive weapons and equipment, can plan attacks at the place and time of their choosing. They are flexible, adaptable and patient, and they only have to succeed once in awhile."

"Our task, in contrast," the statement continued, "is enormous. We have to defend across the country and beyond, all the time, and can accept not a single failure. I applaud all the men and women in the Department of Defense, especially our troops in harm's way, for their selfless and tireless efforts to defend our freedom and way of life."

*"While we have accomplished a great deal since 9-11, I believe several areas warrant further attention."*

Gen. Richard Myers  
Chairman Joint Chiefs of Staff

post-Sept. 11 world:

- Refined procedures are in place for communication between the National Military Command Center and the FAA
- A plan now exists to protect against future airborne attacks originating from inside the United States
- U.S. Northern Command activated in October 2003, and the U.S. Special Operations Command's budget increased by about 36 percent
- Within the Joint Staff, a new deputy directorate and a national military strategic plan for the war on terrorism has been created, and coordination has improved among strategic planning, operations and intelligence

The chairman also put forth a series of recommendations to the commission in areas he said warrant further attention.

"While we have accomplished a great deal since 9-11, I believe several areas warrant further attention," his statement read.



# Tech., master promotees released

## STAFF AND WIRE REPORTS

Barksdale officials announced Thursday that 133 of 631 eligible staff sergeants will be promoted to technical sergeant, a 21.1 percent-select rate; and 99 of 364 eligible technical sergeants will be promoted to master sergeant, a 27.1 percent selection rate.

Air Force officials selected 6,217 of 23,956 eligible technical sergeants for promotion to master sergeant, a 25.95-percent selection rate; and 9,114 of 42,248 eligible staff sergeants for promotion to technical sergeant, a 21.57-percent selection rate.

The final tally will increase as Air Force Personnel Center officials receive test scores for Airmen currently deployed.

The master sergeant selection rate rose .39 percentage points from last year, while this year's technical sergeant rate dropped .32 percentage points from last year.

"This year has proven to be another banner year in terms of the number of people who have been able to earn promotions," said Chief Master Sgt. Mark Billingsley, enlisted promotions branch chief at the center. "The Air Force had predicted we would see rates start to stabilize and that is what is happening here."

"The higher number of people selected is very good news for those Airmen who are showing through performance and preparation the potential for more responsibility and the higher rank to go with it," the chief said. "The message is clear: There is opportunity for those who want to step up to the challenge."

People who tested are expected to receive their score notices in early July, allowing them to see just how their promotion fitness examination and specialty

knowledge test scores rank against others within their Air Force specialty.

Each individual can also get an electronic copy of his or her score notice Monday by accessing the virtual military personnel flight at [www.afpc.rand-olph.af.mil/](http://www.afpc.rand-olph.af.mil/).

The average master sergeant selectee score for the 04E7 master sergeant test cycle was 340.73 points, based on the following:

- 134.33 points for enlisted performance reports
- 64.01 points for promotion fitness exam
- 64.86 points for specialty knowledge test
- 28.30 points for time in grade
- 36.10 points for time in service
- 21.21 points for decorations.

The average master sergeant selectee has 3.64 years time in grade and 17.22 years in service. Those selected will be promoted to master sergeant August to July 2005.

The average selectee score for the 04E6 technical sergeant test cycle was 317.55 points, based on the following:

- 133.02 points for enlisted performance reports
- 62.35 points for promotion fitness exam
- 55.66 points for specialty knowledge test
- 33.72 points for time in grade
- 25.19 points for time in service
- 5.91 points for decorations

The average technical sergeant selectee has 4.55 years time in grade and 11.46 years in service.

Those selected will be promoted to technical sergeant August to July 2005. *(Courtesy of AFPN, AFPC News Service)*

Glenn Hannis  
Matthew Moore  
Stanislaw Slanda  
**Tech. Sergeants**  
Raymond Faircloth  
Monte Howard  
Anthony King  
Jennifer Wayne

## 2d CS Master Sergeants

Mark Angelico  
Ian Wain  
Jeffrey Waits  
**Tech. Sergeants**  
Will Bellamy  
Charles Bentley  
Larry Hancock  
Larry Miller  
Scott Noggle  
Shelly Parson  
Nikita Perkins  
Manuel Quiroz  
Denise Rayder  
Curtis Watson

## 2d CPTS Master Sergeant

Kathy Cuffie  
**Tech. Sergeant**  
James McMinn

## 2d CONS Master Sergeant

Lonest Bonton Jr.

## 2d MXG Master Sergeant

Bennie Hicks Jr.  
**Tech. Sergeants**  
Landon Favors  
Dane Norem  
Felix Reyes  
Dwayne Sowell

## 2d MXS Master Sergeants

Roger Andrews  
David Bartholomew  
Joseph Buzzanca  
Randy Coffman  
Michael Goode  
Kent Hawthorne  
Robert Hines  
Michael Kilem Jr.  
Dale Robison  
Troy Kersey  
James Walker  
**Tech. Sergeants**  
David Barker  
John Bullock  
John Glass Jr.  
Gary Graves  
Eric Halle  
Scott Johnson  
James Malveaux  
Carl McGary  
Brenda Policy  
Ernest Pope  
Robert Welcher  
William Wilson



## 2d MOS Tech. Sergeants

Edwin Davis  
Benjamin Roberts  
Alaji White

## 2d DS Master Sergeants

Cynthia Addison  
Hawkins Gonzalez  
**Tech. Sergeant**  
Christine Khan

## 2d MDOS Master Sergeants

Carmen Armoni Jr.  
Cynthia Brooks  
**Tech. Sergeants**  
Lamond Barnes  
Arnold Merry  
Stacey Soley  
Rebecca Hancock  
Salvador Macaluso  
Kimberly Vance

## 2d MUNS Master Sergeants

Daryl Duke  
Steven Frank  
Cheri Hibbs  
Wade Hood  
Johnny Hyde  
John Knowlton  
Gregory Korkoske  
Keith Miller  
Todd Oakley  
Jonathan Wilkens  
**Tech. Sergeants**  
Anthony Anderson  
Ekshon Callahan  
Mark Clark  
George Coppock  
Robert Crowe IV  
Justin Deisch  
Donald Dixon  
Terrance Ford  
Jeremy Foster  
Nicholas Gagnon  
Revis Gay  
Paul Key  
Perry Morland  
Keith Nelson

Steven Patton  
Lonnie Stump  
Glen Tole  
Christopher Wayand  
Sean Westley  
James Wohlscheid

## 2d OSS Master Sergeants

Tony Arnold  
Randy Sabin  
**Tech. Sergeants**  
Dawn Barnes  
Michell McAllister  
Ramon McQueen  
Jeffrey Moses  
Keri Swalley

## 2d SFS Master Sergeants

Brian Hofkamp  
Gary Jacobs  
Lamont Jenkins  
Andy McCutcheons  
Marlin Newcomb  
James Russell  
Timothy Taylor  
**Tech. Sergeants**  
Stephen Boyd  
Carl Koester  
Marcellus Oliver  
Michael Shanley

## 2d SVS Master Sergeants

Eric Dugger  
Ardise Hicks Jr.  
Jennifer Kirsch  
Christopher Lanier  
Jimmie Lewis Jr.  
David Miles Jr.  
**Tech. Sergeants**  
Sharhonda Anderson  
Kenneth Cain  
Brian Cauley  
Therese Davis  
Charles Faust  
Clark Heflin  
Derrick Richard  
Jose Salcedo

## 8th IWF Master Sergeants

Mark Moses  
**Tech. Sergeants**  
Jason Graves  
Daniel Montgomery  
Warren Triche  
Carl Weaver Jr.

## 26th OS Master Sergeants

Charles Hoffman  
Phuoc Phan  
**Tech. Sergeant**  
Bernard Moyer Jr.

## 608th ACOMS Master Sergeants

Steven Campbell  
**Tech. Sergeants**  
Jeff Bean  
Brandi Hicks  
George Peppinger  
Noahpatrick Rios  
William Wallace

## 608th AIS Master Sergeant

Ivonne Viniard  
Caro Lampkinharris  
**Tech. Sergeants**  
James Aragon  
Cornelius Baker  
Katrina Pupillo  
Marcus Townsend

## 608th ASPTS Tech. Sergeant

Kenneth Morain

## 608th COS Tech. Sergeant

James McManus

## 608th CPS Tech. Sergeants

Kevin Hicks  
Che Phillips

## 49th TES Master Sergeants

David Balzarano  
Larry Ferris  
Michael Jungnitsch  
Anthony Richard  
Liza Spring  
John Warehime  
Sean Baker

## 645th MS Master Sergeants

Ruben Livingston  
Jamie McMenemy

## 645th CTS Master Sergeant

Valerie Smith

## AFROTC Master Sergeant

Kreg Cressione

## 2d BW Master Sergeants

Michael Garner  
Fabian Pollard  
Kevin Reddic  
Kristie Romine  
Paul Thompson  
**Tech. Sergeants**  
Derrick Bartley  
Tonya Jones  
Lanier Pharr

## 20th BS Master Sergeant

Michael Smith  
**Tech. Sergeant**  
Daniel Tanuis Jr.

## 96th BS Master Sergeant

Lucille Pringle

## 2d AMXS Master Sergeants

Jessie Almore Jr.  
Wayland Baldwin  
David Bennett  
Gary Doolittle  
Baron Drayton  
Aaron Dyer  
Ronald Frazier  
Terrell Gamble  
Timothy Garland  
John Greer  
Dean Lehmann  
Thomas Morrow  
John Musgrove  
Edward Paffett  
Susan Preston  
Michael Pupillo  
Andy Rice  
Kevin Robinson  
Robert Trainer  
Dean Tuttle  
John Willis  
**Tech. Sergeants**  
Corey Briggs

Jason Brownell  
Scott Campbell  
Dwayne Carruthers  
Robert Cook  
Michael Fairbanks  
Donald Grindstaff  
Clarence Harmon  
Michael Hunt  
Darrin Landrus  
Raymond Lege  
Adam Mitchell  
James Owens  
Franklin Richardson  
Gerald Romine  
Thomas Schultz  
Joshua Snowhancock  
Robert Wade Jr.

## 2d LRS Master Sergeants

Richard Bortree  
William Carey II  
David Carlson Jr.  
David Frye  
Kimberly Hayes

Jacquelyn Jackson  
Kevin Johnson  
Thomas Long Jr.  
Sylvester Lyles  
Larry Moye  
Laymon Sasser Jr.  
Roger Sudtelgte  
Chester Chinn  
Kimberson Cornish  
Daniel Daugherty  
Keshawn Major  
Eric Resler  
Harlan Royce III  
David Strampe  
Gary Thompson  
Debbie Webber  
Devin White  
Matthew Whitman  
Christopher Wilcox  
Lesley Wilcox

## 2d CES Master Sergeants

James Burgos

# MEET THE NEW COMMANDER

**Unit:** 2d Operations Support Squadron

**Family:** Wife: Laura

**Past assignments:** Mather Air Force Base, Calif., Castle AFB, Calif., Wurtsmith AFB, Mich., Griffiss AFB, N.Y., Minot AFB, N.D., Maxwell AFB, Ala., U. S. Strategic Command, Offutt AFB, Neb.

**Education:** Bachelor's degree in aeronautical engineering, Boston University; master's degree in aviation science and management, Embry-Riddle Aeronautical University; master's degree in military operational art and science, Air University

**Off-duty time is for:** Spending time with family and friends

**Hobbies:** Traveling, biking

**What challenges do you see as a commander?** Keeping everyone focused on the current war on terrorism and ensuring that each member is physically, mentally and emotionally ready to go to war.

**Goals:** To ensure we continue to support combat operations both here at Barksdale and while deployed to the forward operating locations and to make this an enjoyable and rewarding tour for the POSSE

**Advice to those pursuing an Air Force career:** Enjoy each assignment; they are all good. You will go places, meet people and see things that the folks back home can only imagine

**What makes a good Airman outstanding?** Strong character and a warrior spirit.



**Lt. Col. Charles  
Patnaude**

## Quotable Quote

“ If you can do for the nation or do for the family, if you can be a part of something that has goals that transcend your own personal well being or interests, then you have arrived in life. That’s what I think we do for our people in uniform. I think that pride that they feel is knowing that they are part of something bigger than themselves and that’s what they relish.”

— **Gen. John Jumper**, Air Force chief of staff, during a June interview for the Pentagon News Channel

## Correction

In the U.S. Air Force Weapons School graduation story on page 10 of the June 18 issue of the *Observer* the winner of the B-52 Flying Award was misidentified. Capt. Brandon “GQ” Parker of the 23rd Bomb Squadron from Minot Air Force Base, N.D., won the B-52 Flying Award in class 04-A.





## *Spit-shine*

Airman Brandon Kusek/Observer

Lt. Gen. Bruce Carlson, 8th Air Force commander, washes the underside of one of the wings on the 8th Air Force Museum's P-59D Mustang, "Moonbeam McSwine," June 18 as part of the Adopt-A-Plane program. Approximately 12 8th Air Force members pitched in to wash the plane.





Photos by Airman Brandon Kusek/Observer



Olivia Valley practices a throw against fellow classmate, Airman 1st Class Michael Henry, 2d Communications Squadron, that she learned earlier during the base's judo class.

# Judo knows how to throw down

## New class offers great way to exercise, learn new skills

BY AIRMAN BRANDON KUSEK

OBSERVER

Learning a martial art is a great way to exercise and learn a type of self defense and Barksdale offers just that with their judo club.

The club, which began March 16, has class on Tuesdays and Thursdays from 6 to 7:30 p.m. at the sports and fitness center. The class is taught by Lt. Col. Mark Duffield, 548th Combat Training Squadron commander.

"I started my son in judo at my last assignment when he turned 4 and I wanted him to be able to continue. That was a big part of my motivation to start the club," Colonel Duffield said.

"I want to get this club going, create a group of students with a positive attitude, find some additional instructors to help me run it; create something that lasts beyond when I leave Barksdale," he added.

Right now the club consists of children and adults, from 4 years old and up, and no experience is required to join the free class.

"With 4-year-olds, I require a parent on the mat dedicated to the safety and training of that child," the colonel said. "The parents do not need any experience in judo, and children 5 years old and older can participate on their own."

There is no criteria for enrollment, all people have to do is show up and participate. Participants can start off wearing a heavy sweatshirt and shorts, but eventually must purchase a gi and join the United States Judo Association, the colonel said.

"Judo is especially good for kids because it improves their strength and balance," Colonel Duffield said. "On the behavioral side, judo gives kids an increased attention span and confidence. Also, it's truly rewarding to see a kid's eyes light up when he or she gets a throw right and knows it. And after a good workout they normally sleep better also."

Judo is a Japanese martial art comprised of throws, hold downs, chokes and arm locks. The class teaches Kodokan judo which is also recognized as an Olympic sport. Judo, which is roughly translated as "the gentle way," is a derivative of jujitsu. Another way to think of judo is it's a martial art used in very close quarters.

The techniques judo uses are designed to put opponents off balance and throw them to the ground, or force them to give up by placing them into a painful, but not damaging, arm lock or choke hold.

Most other martial arts are composed of kicks and punches, and competitors maintain a distance between each other. But techniques included in judo are designed for defensive situations.

Judo was popularized in America by Strategic Air Command and Gen. Curtis LeMay.

General LeMay ordered all of his aircrew receive training in martial arts in order to be prepared to defend themselves if shot down over enemy terri-

tory.

When he chose judo as the self defense method to be taught, he canvassed SAC for anyone experienced in judo. He chose a cadre of instructors and sent them to the founding school in Japan, the Kodokan, to study. Those individuals were stationed at every SAC base where they provided mandatory training to aircrew. The instructors and those they trained went on to form the foundation of judo in America.

"Judo has kept me physically and mentally fit because it's an all around fitness sport, it's aerobically demanding and utilizes every muscle in your body," Colonel Duffield said. "When you practice judo you are pitting your full strength against the full strength of your opponent and get a good workout."

On the mental side, judo is a great stress reliever, the colonel said.

"After a long day in the office slaying paper dragons and fighting e-mails I need a method of bringing my blood pressure down. Like all martial arts, judo has a spiritual side as well, it teaches self control and tolerance," he explained. "As a one-on-one, physically demanding win-or-lose sport, it also forces you to face your fears and control them."

"Judo is especially useful for women because it relies less on strength and you learn to use your opponent's weight and momentum against them," he added. "It's a sport you can participate in throughout your entire life, it's as physically demanding as you make it."

Currently, Colonel Duffield is the only instructor at the base gym, but he is training an assistant instructor who is close to earning his black belt. Colonel Duffield has been an assistant instructor in other clubs but this is his first time as head instructor.

Colonel Duffield hopes other experienced instructors in the area will eventually join the club and help with instruction.

"Becoming an instructor is something you blend into," he explained. "In typical judo clubs as you become more skilled you are expected to take on more duties. When you earn your black belt you are expected to start giving back to the sport and it comes naturally."

Colonel Duffield got started with judo while attending Lehigh University in Pennsylvania.

"Before college, I was involved with the more typical sports you'd find in high school like football, lacrosse and the swim team. In college, I looked for another sport that I could continue no matter where I went," Colonel Duffield said. "There was a judo club at Lehigh, I tried it, liked it and have been active in it since then; although it's not as widespread as other martial arts, there is normally a club in most larger towns."

The colonel added that people who have taken judo in the past may feel hesitant to start back up again because it's been so long and they may have lost some of their skill; they might worry about being embarrassed and are encouraged to give the class a try.

"The class caters to all levels of skill and fitness and even those with rusty experience would be a big help to the beginners which are the vast majority of the class," the colonel said. "At the very least, come and watch the class."

"Judo is a sport you can start at any time in your life. I didn't start until I was in college," he said. "A judo player can participate at any level of intensity from fitness and skill learning all the way up to the national and international competitive level. Members from all levels can participate in the same class at the same time."



# Family Support Center gives transition assistance

BY AIRMAN 1ST CLASS JUSTASIA LEHMANN  
OBSERVER

Force shaping has become a reality for many Airmen. Military members who will be affected due to force shaping are encouraged to plan early for their separation.

The transition assistance office at the Family Support Center can aid in the separation process.

"Our people have served their country and the Air Force honorably," said Mr. Clark Millar,

Family Support Center family worklife specialist. "Citing the old adage 'We take care of our own' applies not only during active-duty service, but during times of transition. We feel that the services offered by the transition assistance program are just one part of giving meaning to that adage."

While luck may play a role in finding employment, it's best for individuals to plan for future job and career changes,

Mr. Millar said.

The Family Support Center offers help to people who are changing their lives.

"The role of the Family Support Center staff is to ensure all members leaving the service are made aware of programs and services available to them from the many agencies assisting them during this transition," Mr.

Millar said. "Our objective is to arm them with knowledge about entitlements earned while serving in the Air Force, which will assist them in their transition back to civilian life."

People are making a career transition that has major life-changing implications for themselves and those around them, said Ms. Stephanie Reyes, Family Support Center transition assistance program manager.

"It's probably unlike any transition individuals have ever experienced before and unlike any they will ever experience again," Ms. Reyes said. "People have a big, challenging and exciting task ahead of them. Career transition work can be both interesting and fun. How individuals handle this

transition has important implications for both their personal and professional life."

If done properly, it will make an important difference in their lives, Miss Reyes said.

"Taking a positive, proactive approach to career transition leads to renewed career success," Miss Reyes. "Therefore, it's extremely important to focus on how to manage this change from the military to the civilian work world."

Also, if an individual is anticipating retirement or separation, they should not wait to schedule a pre-separation briefing.

"The law directs that they attend the pre-separation briefing as soon as possible within the preceding 12 or 24 months," Ms. Reyes said.

Members separating due to force shaping are still required to attend the mandatory pre-separation briefing, as this is a congressionally mandated program, Mr. Millar said.

"The other services offered through TAP are voluntary, but very important. They give our people the skills and knowledge that could make their transition easier and more successful."

Better preparation leads to a smoother transition back to civilian life.

"These mandatory briefings inform individuals of the resources available as they make this change," Ms. Reyes said.

The transition assistance office offers the following programs to equip separating and retiring military and civilian members and their families the skills and knowledge for reentry into civilian life:

- Pre-separation briefing — Held Mondays at 2 p.m. and Tuesdays at 8:30 a.m. for regular separations, Thursdays at 8:30 a.m. for medical and administrative separations and 2 p.m. for retirements. This is a mandatory briefing for all members separating or retiring from the military and is designed to advise and present information on the services and resources available to transition back to civilian life.

- Resume workshop — Scheduled for July 14 at 8 a.m. Participants learn what employers may look for in a resume, how to write a resume, what information to include, how to use action words, optional information and inappropriate information, as well as cover letters and their use and content.

- Transition Assistance Program seminar — Scheduled July 6-8 and 20-22. This is a three-day job search workshop facilitated by the Department of Labor. Topics are personal appraisal, career decisions, resumes, dress, interview and job offers.

- Small business workshop — Scheduled for July 22 at 1:30 p.m. The workshop is facilitated by the Small Business Development Center. Topics include pitfalls and benefits, research, business plans, resources and more.

The transition assistance office offers the following individual services as well: career resource library, development of individual transition plans, federal job application guidance and critique, jobs bulletin boards, mock interviews, personality type indicator, resume preparation and critique, and computers for job search activities.

Airmen should consult with their supervisors about accomplishing transition needs. Call 456-8400 to schedule a mandatory pre-separation briefing.

## What's going on at the Family Support Center

### Kids on the move

The center holds a seminar Monday at 3 p.m. to help calm children's fears and anxieties about moving while giving tips on how to make new friends and changing schools. A video on moving and an informational booklet provide the basis for this workshop, along with a discussion of where the children are moving to or from. Call

456-8400 for registration or more information.

### Family readiness briefing

The Family Support Center's readiness team provides information and support Thursday at 2 p.m. to prepare for separation. Visit the center for this briefing to prepare active-duty members and their families for separation

due to deployment or temporary duty. Spouses or significant others may attend.

Call 456-8400 for more information.

### Airman's Attic

Donations of spring and summer clothing for adults and children are needed to stock the Airman's Attic. All clothing items should be clean and not

stained or torn. These serviceable items can be dropped off at Family Services located in the Family Support Center Mondays through Fridays between 7:30 a.m. and 4:30 p.m.

The Airman's Attic provides free household items, clothing, toys, uniforms, books and more to senior airmen and below and on a case-by-case basis for staff sergeants and above.

# Cajun Warrior Attitude

Catch it!

**Family:** My family is very supportive and proud that I am in the Air Force.

**Hometown:** Myrtle Beach, S.C.

**Unit:** 2d Mission Support Squadron

**Job title:** Employments counselor

**Job description:** Ensure that newcomers get efficient base inprocessing, make sure that past duty titles and overseas tours are updated correctly

**Most rewarding job aspect:** Being able to help customers every day and seeing how much they appreciate it

**Goals:** Obtain my Community College of the Air Force degree and pursue a major in psychology

**Hobbies:** Surfing, spending time with family and friends, and playing with my puppy

**What motivates my winning attitude:** Knowing how rewarding the outcome will be and my supervisor

**Favorite TV shows:** COPS, Friends, Real World and Summerland

**Favorite movie:** Selena

**Favorite performer:** Finch

**Favorite sports team:** Clemson University

**Favorite dish:** Steak, corn on the cob and mashed potatoes

**Favorite book:** Chicken Soup (any of them)



J. Manny Guendulay/Observer

## Airman Kari Payne

**I'm proudest of:** My husband for all his hard work and perseverance in life

**Person I admire the most:** My father

**Best day of my life:** The day I married my husband

**My best asset is:** How hard I work and how organized I am

**Pet peeve:** Laziness and immaturity

**What I like most about Barksdale:** The people I work with

## 2d Mission Support Squadron at a Glance

**Squadron commander:**

**Maj. Richard Poore**

**First sergeant:**

**Master Sgt. Jack Bebow**

**2d Mission Support Group commander:**

**Col. Colleen Duffy**

**Squadron motto:**

**Great Warriors, Great Support**

# Base Chapel Services

456-2111

Duty chaplain for emergencies: 456-2151



### Catholic

Confession, Chapel Two, Saturday, 4:30 p.m.

Mass, Chapel Two, Saturday, 5:30 p.m.

Mass, Chapel Two, Sunday, 9 a.m.

Confraternity Christian doctrine, Chapel Two, Sunday, 10 a.m.

Mass, Chapel One, Sunday, 11:30 a.m.

### Protestant

Liturgical communion service, Chapel One, Sunday, 9 a.m.

Community worship service, Chapel Two, Sunday, 10:30 a.m.

Inspirational gospel worship service, Chapel Two, Sunday, noon

Contemporary praise service, Chapel Two, Sunday, 6 p.m.

Family night, Chapel Two, Wednesdays, 6:30-8 p.m.

## Dorm cookout

The chapel and 2d Security Forces Squadron team up to provide food and music for the dorm residents Saturday from 6 to 9 p.m.

# The Movies

B A S E T H E A T E R

## Today

7 p.m. — “Mean Girls” PG-13

**Lindsay Lohan, Tina Fey** — Raised in the African bush country, Cady thinks she knows about “survival of the fittest.” But the law of the jungle takes on a whole new meaning when the home-schooled 15-year-old enters public high school for the first time and falls prey to the psychological warfare and unwritten social rules that teenage girls face today.

## Saturday

7 p.m. — “Van Helsing” PG-13

**Hugh Jackman, Will Kemp** — Van Helsing, the legendary vampire hunter, is on an ongoing battle to rid the world of vampires and other ghoulies. He travels to Transylvania to bring down the powerful Count Dracula and joins forces with Anna Valerious to rid her family of an old curse by defeating the vampire.

## Sunday

7 p.m. — “New York Minute” PG

**Mary-Kate Olsen, Ashley Olsen** — Jane and Roxanne, 17-year-old sisters, are on a wild romp through the streets of Manhattan. Sidetracked, sideswiped and chased from Chinatown to Times Square to Harlem by everyone from assassins to politicians to a whacked-out truancy officer, the sisters also find unexpected romance.

Movies are subject to change without notice.

Admission: Adults \$3  
Children \$1.50

## “What’s Cooking?”

Red River Dining Facility

Items subject to change

### TODAY

Lunch — Swiss steak, baked chicken, stuffed peppers

Dinner — Italian sausage, lasagna, spaghetti

### SATURDAY

Brunch — Ribeye steak, Cajun meatloaf, baked chicken

Supper — Pork chops, fish almondine, stir-fry chicken

### SUNDAY

Brunch — Sauerbraten, tuna and noodles, chicken breasts

Supper — Spinach lasagna, barbecued chicken, fried shrimp

### MONDAY

Lunch — Swiss steak, baked chicken, knockwurst

Dinner — Baked ham, fish and fries, roast turkey

### TUESDAY

Lunch — Yakisoba, Salisbury steak, lemon-baked fish

Dinner — Barbecued beef, pork chop suey, paprika beef

### WEDNESDAY

Lunch — Beef porcupines, chicken enchiladas, Caribbean-jerk chicken

Dinner — Country-style steak, pita pizza, fried chicken

### THURSDAY

Lunch — Liver, tempura-fried fish, spiced pork chops

Dinner — Pepper steak, ginger pot roast, baked chicken

### July 2

Lunch — Beef and corn pie, seafood Newburg, veal steaks

Dinner — Pot roast, corned beef, pineapple chicken





# Barksdale officials take action to fix base water contamination

BY 2D LT. MICHAEL NEWBERRY  
2D CIVIL ENGINEERING SQUADRON

**Editor's note:** *In accordance with state and federal regulations, this notice was required to run in the paper to notify the base population of the current condition of the base's water.*

During the current June reporting period which runs through Thursday, the Barksdale Air Force Base water supply violated the maximum contaminant level of coli form bacteria as set forth in the state and federal primary drinking water regulations [Part XII of the Louisiana State Sanitary Code (LAC 51:XII)]. Action has been taken to eliminate the contamination.

This is not an emergency. If it had been, the base population would have been notified immediately. Total coli form bacteria are generally not harmful themselves. Coli forms are bacteria that are naturally present in the environment and are used as an indicator that other potentially-harmful bacteria may be present. Coli forms were found in more samples than allowed and this was a warning of potential problems.

Bacteria are commonly found in any water source. Chlorine is added to drinking water to kill bacteria that may make its way past the water treatment plant. This month lower than expected levels of chlorine in the water resulted in the presence of coli form bacteria. To address this problem, additional chlorine was added to the water, and which was flushed through fire hydrants in the Capehart housing area, which was the only affected area.

By moving the water through the system, the units achieved desired chlorine levels which effectively eliminated the bacteria.

Providing the installation with clean drinking water is a coordinated effort between members in the 2d Civil Engineer Squadron and the 2d Medical Group. They are dedicated to providing the base population with the highest quality drinking water.

Usually, coli forms are a sign that there could be a problem with the treatment or distribution system pipes. Whenever 2d CES or 2d MDG members detect coli form bacteria in any sample, they do follow-up testing to see if other bacteria of greater concern, such as fecal coli form or E. coli, are present. They did not find any of these bacteria in subsequent testing. If they had, they would have notified the base population immediately.

The base population does not need to boil water or take other corrective actions. However, if there are specific health concerns, consult a doctor.

People with severely compromised immune systems, infants and some elderly may be at increased risk. These people should seek advice about drinking water from their health care providers. General guidelines on ways to lessen the risk of infection by microbes are available from the Environmental Protection Agency's Safe Drinking Water Hotline at 1-800-426-4791.

For additional information or questions regarding the quality of the drinking water provided on the installation, call bioenvironmental engineering at 456-6730.

**Education  
Center  
456 - 2615**



## Commissioning opportunities

The Air Force needs navigators and air battle managers. Contact the Barksdale Training and Education Services Flight at 456-2615 for more information about the Officer Training School application process and a future as a commissioned officer.



## Heir Force

*Barksdales latest arrivals*

### Born Name

March 7 Ashley Nicole

April 12 Courtney Lanell

June 2 Georgia Elizabeth

### Parents

Airman 1st Class Amber Ward

26th Operational Weather Squadron

Airman 1st Class Damon and Gina Blankinship

2d Munitions Squadron

Tech. Sgt. Lawrence and Jeanette Miller

2d Security Forces Squadron

To announce your latest arrival, call the *Observer* at 456-5501 or e-mail [observer@barksdale.af.mil](mailto:observer@barksdale.af.mil).

# 2d CS takes two games in doubleheader

BY AIRMAN BRANDON KUSEK  
OBSERVER

The 2d Communications Squadron went 2-0 Monday after defeating 2d Mission Support Squadron 24-3 and 2d Maintenance Squadron 19-4 at Barksdale Softball Field Two.

“We had two weeks off, which made me pretty worried about having a doubleheader tonight with no practice, but the guys came out 45 minutes early to warm up and get reacquainted with each other,” said Art Pancoast, 2d CS head coach.

The bats were flying in both games, which led to 2d CS scoring a total of 43 runs.

“I was a little worried about batting at the start of the season, but tonight was a very good sign,” Pancoast said.

Showing their strength at the bat, Rob Ferrau, 2d CS hit two home runs over the fence in the first game.

“I thought they both had a really good chance to go over, they felt really good off the bat,” Ferrau said. “It’s a team game and it felt good to hit them, but if we had lost it wouldn’t have mattered.”

With the start of the second game, not only did the teams change, so did the weather.

“The wind began to blow and it looked like it was going to rain, but we didn’t let it bother us and just played softball,” Pancoast said.

The 2d CS kept the train rolling by starting the second game scoring 18 runs.

“We played a great game fundamentally, all of our throws were where we needed them and we caught the ball when we had to,” Pancoast said. “We were consistent with people getting on base. We just need to keep that going throughout the season.”

Although 2d CS only scored one more run the entire game it was enough. The tough defense held 2d MXS to only four runs.

“We played alright; we just had one bad inning,” said Brian Scheckles, 2d MXS head coach. “We went out and did all we could — we just came up on the short end tonight.”

With the two wins 2d CS improves to 3-0 on the season.

“We played some great offense tonight; we put the sticks together when we needed them,” said Benjamin ‘B.J.’ Love, 2d CS pitcher. “Although at the same time our defense was tight.”

“After what we did tonight, I’m feeling very good about the rest of the season,” Pancoast said.



Airman Brandon Kusek/Observer

Above: Reuben Roberts, 2d CS, looks to crush the ball against 2d MXS Monday.  
Right: Matthew Foley, 2d MXS, catches a fly ball for an out during their game against 2d CS Monday.



Airman Brandon Kusek/Observer

SCOREBOARD											
Softball						Golf					
American League			National League			American League			National League		
	W	L		W	L		W	L		W	L
MDG	2	0	49th TES	2	1	SFS	4	1	SVS	4	0
SFS	1	0	SVS	2	1	CS	4	1	MSS	4	0
20th BS	1	0	AMXS #2	2	1	MXS #1	3	1	917th #2	3	0
MUNS	1	1	CS	1	0	8th AF	3	2	49th TES	3	2
MXS #1	1	1	MXS #3	1	1	MDG	3	2	AMXS	2	2
CES	1	1	MOS	1	1	LRS	2	2	CPTS	2	2
AMXS #1	1	1	OWS	1	2	11th BS	2	3	OSS	1	2
LRS	0	2	MSS	0	2	CES	2	2	MUNS #2	1	4
11th BS	0	2	MXS #2	0	0	MUNS #1	1	3	MOS	0	3
8th AF	0	0				917th #1	1	4	MXS #2	0	4
Standings as of Monday						Standings as of Tuesday					



# Boat Float Boogie

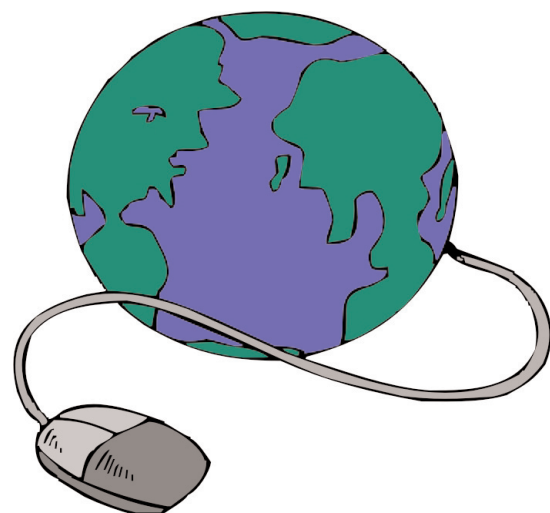
## HIGHLIGHTS



**Thanks to everyone for making this event a success!**

# at your SERVICE

Supplement to the *Observer* [www.barksdaleservices.com](http://www.barksdaleservices.com)



## HIGHLIGHTS

### Margaritaville Tonight

Hangar II is the spot for this annual Jimmy Buffet party, featuring "Beer Beach" and the Cheeseburger in Paradise buffet. See page B

### Mechanical Bull

The all ranks western night is on July 9 outside the officers club and features mechanical bull rides and a chuckwagon brisket buffet. See page B

### Soccer Registration

Youth soccer registration is July 13-24 for ages 5-teen at the youth center. Adult coaches are also needed. See page C

### Art Competition

The library has a summer art contest for "Bugly" bugs. Exhibits will be displayed throughout the summer. See page D

### New Aerobics Schedule

The aerobics schedule at the fitness center changes, effective July 12. See page E

### Sanctioned Shoots

Two sanctioned shoots are scheduled in July at the Red Chute Shotgun Club. See page E

### Summer Bowling Program

The Bowl for the Stars and Strikes program is going on now at the bowling center. Win lots of prizes. See page F

### Boat Float Pictures

View highlights from the Boat Float Boogie that was held on June 4 at the west pool. See page F

## Outdoor Adventures



### Swamp Tour

Uncertain, Texas

July 10

\$20 ages 12-adult

\$15 under 12

includes a two-hour boat tour of backwater swamps.

### Family Camping Trip

Clear Lake Park

July 16-17

\$75 includes camping gear, 5 meals, paintball gun with 500 paintballs, canoes, archery gear.



### White Water Canoeing

Beavers' Bend, Arkansas

July 23-25

\$95 includes transportation, 5 meals, campsite, camping gear, canoes and kayaks.

**Call Outdoor Recreation at 456-3426 to sign up for these programs**



# Officers and Enlisted Clubs 456-4926

## Holiday Closure

Sunday brunch will be closed on July 4, in observance of Independence Day. It opens July 11 at 10:30 a.m.

## \$800 Bingo Jackpot

Thursday's jackpot is \$800 and growing! Enjoy the buffet at 5:30 p.m. for only \$5.50 and members get an extra buck off. You can also play Early Bird Bingo. Jackpot Bingo starts at 6:30 p.m. and all ranks are welcome! Members get \$5 off a multi-card pack!

## Mongolian Night

Asian fare is back on July 7. Guests build their own entrees by picking from numerous fresh ingredients like shrimp, beef, chicken or pork, dozens of fresh, crisp vegetables and 19 exotic sauces. Plates are weighed and cooked to order by the club. The cost is 45 cents per ounce. Delicious desserts are also available. All ranks are welcome.

## Flambe' Night

Enjoy flambe' at the officers club on July 9. Dine on beef tenderloin medallions cooked tableside in a flaming mushroom wine sauce. Dinner starts at 5:30 p.m. and is open to all ranks. Guests will enjoy the flare of this unique presentation.

## Family Buffet Night

Family buffet night is on July 14 at the officers club and starts at 5:30 p.m. Children can view videos and win lots of prizes. Adults enjoy rosemary baked chicken, roast beef, southern fried catfish, mashed potatoes and gravy, steamed rice, green bean almondine, vegetable medley and hot cobbler for \$6.95. The kiddie buffet features chicken nuggets, mini-corndogs, pizza, macaroni and cheese, mashed potatoes, swirl pudding, jello and cookies for \$3.50. Ages 5 and under eat for \$2.95.

## Sunday Champagne Brunch

Enjoy brunch Sundays from 10:30 a.m. to 1:30 p.m. at the officers club. Brunch is open to all ranks and features a carving station, made-to-order omelettes, a fresh salad and fruit bar, a large dessert bar, numerous lunch entrees and all the traditional breakfast favorites. Wine, bloody mary, mimosa and champagne are also available. This price is \$10.95 for adults, \$5.95 for ages 5-12 and \$2.95 for under 5. Walk-ins are welcome. Bring the whole family this Sunday.



# Margaritaville

## Tonight at Hangar 2

**\$10 Fee includes:**

- Cheeseburger in paradise buffet
- Beer Beach access

**Margaritas & Pina Colodas**

# Yeehaw!

## Western Night & Rodeo

July 9 at 5:30 p.m., outside Hangar 2

**All Ranks welcome!**

### Line dancing instruction

### Best dressed contest

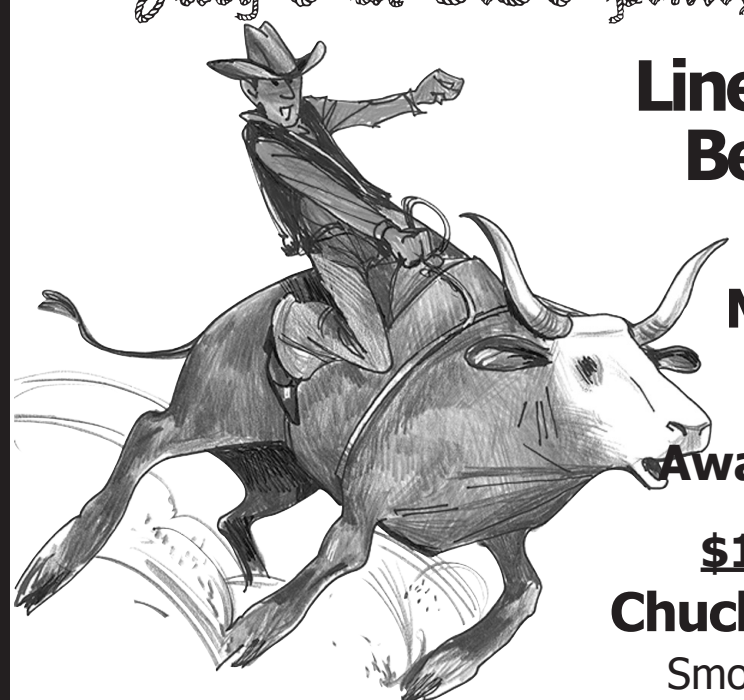
**\$5 Rodeo fee includes:**

- Mechanical Bull Rides
- Horse Racing
- Buffalo Roping
- Awards for guy & gal winners

**\$10 Trail-grub fee includes:**

### Chuckwagon Buffet & Cold Beer

Smoked brisket, beans and cole slaw



# Gifts & Getaways 456-1865

## Free Magic Springs Tickets

Magic Springs is open. Active duty military get in free at the gate and discounted tickets are available at Gifts and Getaways. Get adult tickets for \$22, compared to \$36.88 at the gate and children's for \$20, versus \$26.51 at the gate. Stop by Gifts and Getaways and plan your weekend Hot Springs, Arkansas, getaway.

## Manager's Special

Get a beautiful wooden pen and pencil set or bronze eagle with a custom engraved message at half price. The pens are hardwood with brass bolsters. Single pen sets are \$15, doubles are \$25 and triples are \$35. The bronze eagles are \$20, \$35 or \$55, depending on the size. Get one today at Gifts and Getaways.

## Schlitterbahn Water Park

Gifts and Getaways has discount tickets to Schlitterbahn Waterpark Resort in New Braunfels, Texas, just outside of San Antonio. It was named America's number one water park by the Travel Channel. Schlitterbahn Beach Waterpark is in sunny South Padre Island and has a tropical twist. Include these parks when planning a TDY or vacation. Save up to 14 percent off normal gate prices, only at Gifts and Getaways in the BX mall.

## Discount Disney tickets

Take the family to see Mickey and gang. Save \$15 to \$33 on Walt Disney World tickets. Packages grant admission to all four Orlando parks ... Magic Kingdom, Disney World - MGM Studios, Disney's Animal Kingdom and Epcot Center. They are available for four days to a week. Come to Gifts and Getaways to plan the vacation of a lifetime without breaking the bank.

## Texas Rangers Baseball

Tickets are on sale now for Texas Rangers Major League Baseball in Arlington, Texas. Dallas is only three hours from Barksdale and lots of fun and excitement await. Prices range from \$4-\$40. Save up to 25 percent only at Gifts and Getaways.

## Robert Trent Jones Golf

Barksdale is the only place to get military discounts on Robert Trent Jones golf! Play award-winning courses for as little as \$24, which includes green fee and cart rental. Custom group packages and discounts on lodging are also available. See Mary Gang at Arts & Crafts for details.

## Watertown

Take the whole family for a day of fun in the sun without leaving town. Watertown water park, located in west Shreveport is open for business. The park features giant waterslides, wave pools, great concessions, plenty of room for soaking up the sun and lots more. Gifts and Getaways has reduced ticket prices to \$14.50. Stop by and plan a fun family outing without having to travel.

## Half price Six Flags Tickets

Spring is here and Six Flags Over Texas Amusement Park is now open. Get Six Flags tickets for less than half of normal gate prices. Tickets start at \$22.00. Stop by Gifts and Getaways in the BX Mall to take advantage of these huge savings.

## Hurricane Harbor

Hurricane Harbor, right next to Six Flags in Arlington, Texas, is open for the summer. Dallas is only a three-hour drive from Barksdale. Gifts and Getaways has discount tickets. Save big from normal gate prices today.

## Battlewings Tickets

Are you ready for some football? Arena football is here and Gifts and Getaways is the place to get Bossier-Shreveport Battlewings tickets and schedules. Military get from 23-40 percent off normal gate prices. Get in on the hard-hitting, high-scoring action in a cool indoor arena.

# Arts and Crafts 456-5594

## Framing Class

Frame your own pictures and save! Framing classes will be held on July 12, 14 and 19 from 10 a.m. until noon and July 13, 15 and 20 from 5-7 p.m. The cost is \$25 plus supplies and students should bring a picture or photo (11 X 14 inches or smaller) suitable for framing. Our experts will help you achieve professional results. Prepayment is required and a minimum of four are needed to have a class. Reserve your spot today.

## Woodworking Class

Woodworking will be taught at the wood hobby shop on July 13, 15, 20 and 22. Students must be at least 17 years of age. Classes run from 6 to 8 p.m. and will cover basic woodworking skills, techniques, safety and equipment use. Students complete a take-home project. The program is four classes and costs \$65. Stop by the wood hobby shop or call Mike at 456-3409 for details.

# Vacation DISCOUNTS!!! AND WE'RE NOT FOOLIN'

<u>Destination:</u>	<u>Save Up To:</u>
Adventure Island (Tampa)	21%
Busch Gardens (Tampa)	21%
Disneyland (California)	18%
Fiesta Texas (San Antonio)	17%
Great Passion Play (Eureka Springs, AR)	33%
Magic Springs (Hot Springs, AR)	20%
Medieval Times (Dallas)	44%
Aquarium of the Americas (New Orleans)	11%
Scarborough Faire (Waxahatchie, TX)	15%
Sea World (San Antonio)	21%
Six Flags Over Texas (Arlington)	53%
Splash Town (San Antonio)	37%
Texas Rangers Baseball (Arlington)	25%
Disney World (Orlando)	\$15-\$33

## Pottery Class

Pottery making is fun for beginners and experts alike. Anyone 15 years old or older can learn how at the arts and crafts center. Classes are taught each Thursday from 5-7 p.m. Students will learn basic and advanced pottery making skills and may take as many classes as they like, as instruction is individualized. The cost is \$8.50 plus supplies. Sign up at the arts and crafts center or call for details. Hurry as class size is limited.

## Scrapbooking Basics

If you would like to start a scrapbook, but feel you lack creativity, then this class is for you. This is a two part class that is held on July 13 and 15. It will feature photograph preservation and organization, product demonstrations and actual hands-on layout of new pages or revitalization of old pages. The cost is \$18 for both sessions and ages 17-adult are welcome. Call 456-3140 to register.

## Summer Closure

The arts and crafts center is closed July 5-10 in observance of Independence Day and for summer vacation. It reopens July 12 at 10 a.m.

## Kid's Class

Each Thursday fom 4:30-5:30 p.m., the arts and crafts center has kid's class. Children are taught and guided through various arts and crafts projects. The cost is \$2 and up, depending on the project. Reservations are required by Tuesday each week. Call to sign up.

## New Prints in Stock

The frame shop has just received a new selection of frameable art. Prints from artists such as J.D. Challenger, L. Gordin, Tom DuBois and many others are available. Stop by the frame shop and check out this new merchandise. The professionals there can also custom matte and frame the print to make it a truly unique piece. Hurry in while the section is good.





# Bowling Center 456-4133

ENTER FOR A CHANCE TO  
**WIN \$500 CASH!**

## BOWL FOR THE STARS & STRIKES

**GET THE CARD!**



**BOWL OFTEN!**

PLAY ALL SUMMER LONG!  
The more you bowl, the more chances to win! Monthly prize drawings:

- 1) Vulcan "Stars & Stripes" Pin
- 2) Ebonite Yankee Doodle Ball
- 3) Bowling Bag and Ball

YOU COULD  
**WIN BIG!**



PRIZES FOR EVERY COMPLETED PUNCH CARD! (While supplies last)  
Get a punch for bowling a game or buying a large Coca-Cola fountain drink.\*  
Different prizes for each level card completed.

ENTER YOUR COMPLETED BLUE CARD FOR A CHANCE TO WIN THE GRAND PRIZE DRAWING - \$500 CASH!  
Second-place: Pride of Our Nation Viz-A-Ball



\* Largest size sold in your bowling center. Punches given for paid games of bowling only (not free games).  
No purchase necessary to enter prize drawings. See full rules for details. No federal endorsement of sponsors intended.  
Coca-Cola, the Contour Bottle Design and the Red Disk Icon are registered trademarks of The Coca-Cola Company.



# Youth Center 456-3448

**Starting soon!**  
**Coaches needed!**

**RECORDED**



**Register**  
**July 13-24, 9 a.m.-3 p.m. Mon-Fri**  
**9 a.m.-2 p.m. Sat**

**Coed league**  
**Ages 5 - Teen welcome**

**\$35 for members**  
**\$45 for non-members**

**Family Child Care**  
**456-8912**

## Earn Extra Money at Home

Why pay someone else to raise your children? Be a family child care provider and earn extra money while staying at home with your kids. Enjoy the benefits of being in business for yourself without the risk. Training, equipment and supplies are free. Spouses living off-base and DOD spouses are also eligible. Licensing is mandatory for base residents caring for others more than 10 hours.

Now you can have it all...raise your own children and enjoy a great career. Additionally, it's a great opportunity to make a difference in the lives of others. Providers not only help shape the lives of the children they care for, but support the working military parents as well. Call Penny Haire at 456-8912 to find out more about this program.

## Missoula Drama Camp

Auditions will be held the first week in August for the eagerly anticipated Missoula Drama camp. Students entering the sixth - twelfth grades may participate. Actors are selected immediately following the audition and practice begins. The week culminates with a dinner theater performance at the enlisted club. This is a great opportunity for children to get acquainted with theater. Call Cora Davis For all the details.

**Part Day Enrichment**  
**456-3776**

## Preschool Summer Camp

Preschool summer fun camp registration is going on now for ages 3 to 5. Classes are not only recreational but are educational. Wet and Wild is Tuesdays-Thursdays from 8:30-11:30 a.m., July 6-29. Call 456-3776 for enrollment details.

## Fall Preschool Openings

Part Day Enrichment has openings for Fall preschool. Students ages 3-5 are welcome, provided they are 3-years-old prior to Sept. 30. Two, three and five-day classes are available and run from 8:30-11:30 a.m. Register Tuesdays and Thursdays from noon to 2 p.m. at the Part Day Enrichment Center. Bring immunization records, birth certificate and parents' leave and earning statements. A \$10 fee is required at registration. Fees are based on total family income. Call 456-3776 for details.

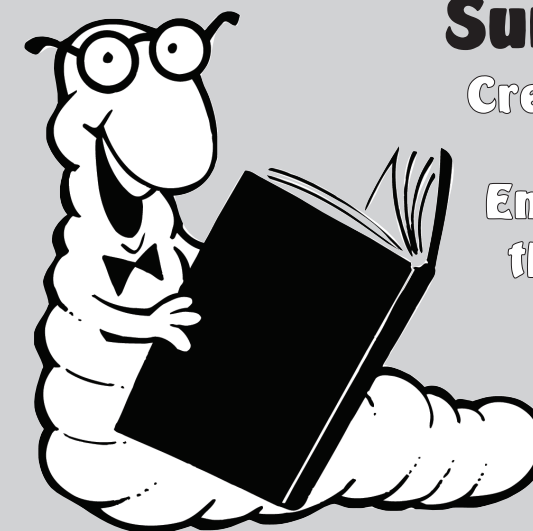
# Library 456-4101

## “Bugliest” Bug Contest

### Summer Reading Program

Create an ugly bug, name it and bring it to the library by July 21.

Entries will be displayed throughout the summer. Winners will receive awards.





## Outdoor Recreation 456-7765



**Open Now!**

# Pool Passes & swim lessons

**Family season pass**     \$70

**Single season pass**     \$35

**Single monthly pass** \$15

**Daily pass**     \$1.50

**We offer swimming lessons for:**

- Children
- Adults
- Fitness
- Red Cross
- Parent/tots



**\$30 first student**  
**\$25 each additional student**

**Family Fun!**

Purchase passes at Gifts and Getaways or either pool. Sign up for lessons at the west pool.

## Fox Run Golf Course 456-2263



# Tournament Time

JULY 4	FLAG TOURNAMENT
JULY 9	2D MAINTENENCE SQUADRON
JULY 10	CROOKED HOLLOW GOLF CHALLENGE
JULY 17-18	BASE CHAMPIONSHIP
JULY 20	SHRINERS TOURNAMENT
JULY 24-25	ACC TOURNAMENT
JULY 30	ENLISTED DINING OUT
AUGUST 5	CELEBRATE BARKSDALE
AUGUST 10	COL. GILLESPIE RETIRES TOURNEY
AUGUST 28-29	CLUB CHAMPIONSHIP
SEPTEMBER 8	SYPT SENIOR WOMEN
SEPTPTEMBER 11	AFSA
SEPTEMBER 18-19	BASE BEST BALL CHAMPIONSHIP


7 0 x R U N

## Fitness Center 456-4135

# Aerobics

## Schedule

**Effective July 12**



Mon.	Tues.	Wed.	Thurs.	Fri.
<b>7:30 a.m.</b> Interval pump- legs/shoulders (Patricia)		<b>7:30 a.m.</b> Interval pump Upper body (Patricia)	<b>6:30 a.m.</b> Cardio Kick & Dance (Patrick)	<b>6:30 a.m.</b> Cardio Kick & Dance (Patrick)
<b>8:30 a.m.</b> Basic Pilates - (Patricia)		<b>11 a.m.</b> Step Aerobics- (Patricia)		<b>11 a.m.</b> Pilates (Patricia)
<b>11 a.m.</b> Step Aerobics- (Patricia)		<b>Noon</b> Cardio Kick & Dance (Patrick)		<b>Noon</b> Team Training (Patricia)
<b>Noon</b> Cardio Kick & Dance (Patrick)	<b>4 p.m.</b> Cardio Kick & Dance (Patrick)	<b>5 p.m.</b> Pilates (Patricia)	<b>3:30 p.m.</b> Circuit Training Byron Hardy	
<b>5 p.m.</b> Interval pump- total body (Patricia)		<b>6 p.m.</b> Kickboxing aero- bics (Patricia)		
<b>6 p.m.</b> Kickboxing aero- bics (Patricia)				<b>Sat.</b>  <b>9 a.m.</b> Spin Class (Med Group Instructor)

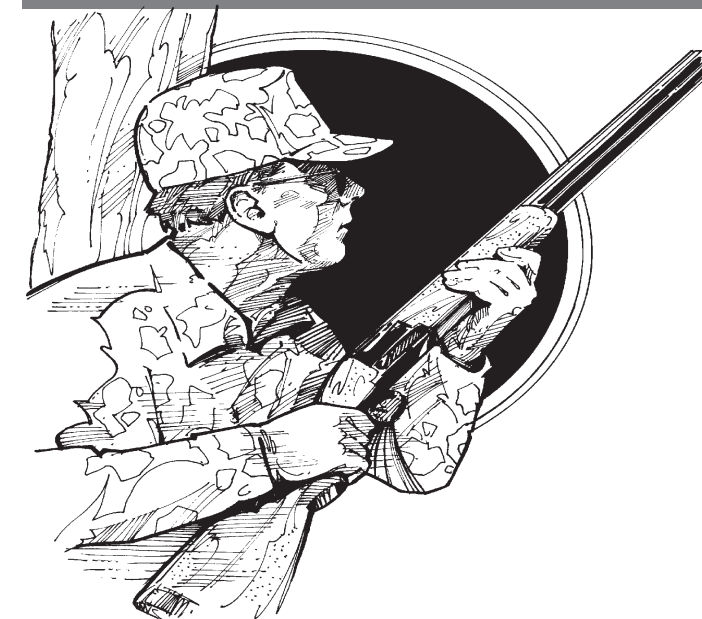
## Red River Dining 456-8367

### July 4th Menu

Assorted nonfat yogurt  
Tomato bouillion soup  
Salad bar, potato salad  
Fruit salad, cole slaw  
Loin strip steak  
BBQ spare ribs  
Herbed baked chicken  
Rice pilaf, baked potatoes  
Mushroom gravy  
Brussel sprouts, corn on the con  
Summer squash  
Sauteed mushroom and onions  
Dinner rolls, cornbread  
Whole wheat, rye and white bread  
Cheese cake with cherry topping  
Apple pie, cherry pie, cherry cobbler  
Brownies, hermits, holiday candies  
Vanilla & chocolate soft serve  
ice cream/ yogurt  
Fresh fruit juice, hot chocolate  
Milk, coffee, hot tea  
Iced tea  
Assorted carbonated beverages

## Red Chute Shotgun Club 456-4582

# Sanctioned Shooting Events



### Sanctioned Trap Tournament (ATA)

July 4 - 9 a.m.-6 p.m.  
military, civilian and youth welcome

### Independence Open Sanctioned Skeet Shoot (NSSA)

July 10 - 9 a.m.-6 p.m.  
100 12 gauge/ 100 28 guage  
military, civilian and youth welcome